

Treasure Coast and Okeechobee Community Resource List

Mental Health, Suicide Prevention and Substance Use Services in Circuit 19

Southeast Florida Behavioral Health Network (SEFBHN)

Managing Entity for Palm Beach, the Treasure Coast and Okeechobee

SEFBHN is a Managing Entity (ME) contracted with the Department of Children and Families to oversee a provider network for behavioral health services and supports for individuals who are uninsured, underinsured, or indigent. SEFBHN also helps to provide connection to services, oversight of contracted behavioral health providers and are an active partner and leader in the system of care.

Phone 	Website 	Information 
 561-203-2485	www.sefbhn.org	 info@sefbhn.org

While SEFBHN does not fund all the providers on the following list, these agencies are part of the full system of care that provides support, resources, linkages, services, and programs to Circuit 19 – Indian River, Martin, Okeechobee, and St. Lucie Counties.

Crisis Intervention and Response







CALL 9-1-1 AND ASK FOR A CRISIS INTERVENTION TRAINED (CIT) OFFICER IN THE CASE OF AN EMERGENCY WHERE

THERE IS IMMINENT DANGER TO YOURSELF OR OTHERS.

The Mobile Response Teams – Onsite Crisis Support

Available 24 hours / 7 days a week

Mobile Response Teams (MRTs) are intended to provide on-demand crisis intervention and de-escalation in any setting in which a behavioral health crisis occurs. The primary goals of Mobile Response Teams are to lessen trauma; conduct an independent assessment to determine if the individual may be safely diverted from emergency departments; prevent unnecessary psychiatric hospitalization; or divert from juvenile justice or criminal justice settings. Mobile Response Teams work with individuals and families to identify resources, provide linkages, and develop strategies for effectively dealing with potential future crises.








MRT Provider Name 	Counties Served 	Contact Information 
New Horizons of the Treasure Coast and Okeechobee (NHTC)	Indian River, Martin, Okeechobee, and St. Lucie	 2-1-1 for a Mobile Response  New Horizons MRT directly at 772-672-8470  nhtcinc.org/

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Crisis Stabilization Units (CSUs)

Crisis Stabilization Units (CSUs) provide emergency psychiatric support for children and adults, typically under the Florida Mental Health Act, commonly known as the Baker Act. Crisis Stabilization Units help to keep people safe who are at imminent risk of harm, either for themselves or others.

CSU Provider Name 	Populations Served 	Contact Information 
Cleveland Clinic Medical Center	Adults and Children	 772-563-4666 (Indian River)
Coral Shores Behavioral Health	Adults and Children	 772-403-4000 (Martin)
Lawnwood Regional Medical Center	Adults and Adolescents	 772-466-1500 (St. Lucie)
New Horizons of the Treasure Coast	Adults and Children	 772-672-8451 (St. Lucie, OK)

Suicide Prevention and Crisis Lines









24/7 crisis phone and texting hotlines where individuals and families that need help and support can talk to trained crisis professionals.

Crisis Line Name 	Website 	Contact Information 
2-1-1 for Palm Beach and the Treasure Coast Local Crisis Line	www.211palmbeach.org	 2-1-1 or (561) 383-1111  Text your zip code to 898211
National Suicide Prevention Lifeline National Crisis Line	suicidepreventionlifeline.org	 988  Text "Go" to 741-741
Trevor Project Suicide Hotline (LGBTQ+ Youth) National Crisis Line	www.thetrevorproject.org	 1-866-488-7386  Text "Start" to 678-678
Veteran's Suicide Prevention Lifeline National Crisis Line	www.veteranscrisisline.net	 1-800-273-TALK, and then press "1"  Text "Help" to 838255

Information and Referrals

CARE LINKAGES for Palm Beach and the Treasure Coast

Online directories and phone information lines that provide referrals to community services for people of all ages.



Information Provider Name 	Services Provided 	Contact Information 
2-1-1 for Palm Beach and the Treasure Coast	Community helpline and crisis hotline that provides suicide prevention, crisis intervention, information, assessment, and referral to community services for people of all ages.	 2-1-1 or (561) 383-1111  Text your zip code to 898211  www.211palmbeach.org
Aunt Bertha: The Social Care Network	Online searchable directory of programs and resources.	 dcfpublic.auntbertha.com
Hope for Healing	Online searchable directory of programs and resources.	 www.hopeforhealingfl.com

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My Florida My Family: Care Navigators






























Care Navigators provide linkages and referrals to a variety of services and programs throughout the state.

 850-300-HOPE (4673)
 www.myffamilies.com

Mental Health Services and Programs

OUTPATIENT MENTAL HEALTH PROGRAMS

Outpatient mental health programs designed to support individuals and their families as they live independently in the community.








Mental Health Provider Name 	Services Provided 	Contact Information 
Behavior Basics Youth Adults	Applied Behavioral Analysis services and parenting programs.	 772-463-0444  behaviorbasicsinc.com
Catholic Charities Youth Adults Telehealth	Outpatient telehealth mental health services for adults and children.	 561-345-2000  www.ccdpb.org
Harmony Hope Stables Youth	Music and equine therapy and leadership program	 954-892-3788  hhstables.org
Helping People Succeed Youth Adults Telehealth	Outpatient therapy, case management, psychiatric services, employment (adults), infant mental health, Healthy Families program, Youth Respite.	 772-320-0770  www.hpsfl.org
Henderson Behavioral Health Center Youth	Intensive Wraparound Targeted Case Management and Care Coordination.	 772-361-6767  hendersonbh.org
Hibiscus Children's Center Youth	Hibiscus Children's Village, mental health services, Supporting Families in Crisis programs.	 772-340-5750  hibiscuschildrenscenter.org
Inner Truth Project Youth Adults	Equine therapy, art therapy; group therapy for teens, LGBTQ+, veterans, survivors, women's and more.	 772-200-4599  innertruthproject.org
Legacy Behavioral Health Youth Adults Telehealth	Outpatient therapy, case management, psychiatric and psychological services.	 888-975-3422  legacybhc.com
Mental Health Association of Indian River County Youth Adults	Walk-in outpatient clinic for mental health; Drop-In Centers; Employee Assistance Programs (EAP).	 772-569-9788  mhairc.org
New Horizons of the Treasure Coast Youth Adults Telehealth	Outpatient therapy, case management, medication management, psychiatric services, and more.	 772-468-5600  nhtcinc.org/
Project L.I.F.T. Youth Adults	Mental health and vocational program, mentoring, career readiness.	 772-221-2244  www.projectlift.org
Brighter Heights Youth Telehealth	Outpatient therapy, medication management, psychiatric services, and more.	 772-337-8164  bh-flornewhorizonsoida.com
Tykes & Teens Youth Telehealth	Outpatient therapy, case management, group therapy for youth, school-based services, prevention services, infant mental health program.	 772-240-3439  tykesandteens.org

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RESIDENTIAL MENTAL HEALTH PROGRAMS












Residential mental health programs designed to provide individuals with supportive inpatient care.

Residential Provider Name 	Services Provided 	Contact Information 
New Horizons of the Treasure Coast Adults	Transitional Group Home program for severe and persistent mental health.	 772-466-1500  nhtcinc.org/
Sandy Pines Residential Facility Youth	Inpatient children's residential mental health program	 561-744-0211  sandypineshospital.com

Peer Support Services and Programs

Peer Support PROGRAMS








Helping to connect individuals to supportive Peers with lived experience for recovery.

Peer Support Provider Name 	Services Provided 	Contact Information 
Our Village Okeechobee Youth Adults	Peer services and center for children, transitional age youth, LGBTQ+ and families in Okeechobee.	 863-697-8718  Facebook: Our Village
RiteLife Adults	Certified Recovery Peer Specialists (CRPS) services and programs; Peer-led supportive groups.	 561-503-1323  ritelifeservices.org
Roundtable's IGNITE Youth Alliance Youth	Mentoring, life skills, re-entry, pro-social, educational programs for youth at risk for gang activity.	 772-448-5712  www.roundtablesic.com
NAMI Martin County Youth Adults	Resources on mental health recovery, as well as peer support connections and linkages to services.	 772-285-0967  namimartincounty.com

Substance Use Services and Programs

OUTPATIENT SUBSTANCE USE PROGRAMS

Outpatient substance use programs designed to support individuals and their families as they live independently in the community.

Substance Use Provider Name 	Services Provided 	Contact Information 
ADAP Counseling Services Adults	Substance abuse evaluations and counseling, substance abuse and alcohol prevention and education, anger management program, mental health evaluations and counseling, planned family interventions, drug and alcohol testing	 772-286-8933  tes-fl.com
Drug Abuse Treatment Association Youth Telehealth	Individual and family therapy, treatment programs for youth substance use.	 772-595-3322  www.drugabusetratment.org

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Hibiscus Children's Center Youth Adults	Healing Families (Substance Misuse Outpatient Treatment)	☎ 772-340-5750 🌐 hibiscuschildrenscenter.org
New Horizons of the Treasure Coast Adults	Medication-Assisted Treatment (MAT), Psychosocial Rehab and Independent Living Skills.	☎ 772-468-5600 🌐 nhtcinc.org/
Counseling and Recovery Center Adults	Outpatient day treatment, Family Intensive Treatment Team, Medication Assisted Treatment (MAT).	☎ 772-467-3057 🌐 CounselingRecoveryCenter.org

RESIDENTIAL SUBSTANCE USE PROGRAMS

Residential substance use programs designed to provide individuals with supportive inpatient care.

Residential Provider Name 🏠	Services Provided 🏠	Contact Information 📞
Drug Abuse Treatment Association Youth	Inpatient residential mental health program	☎ 772-595-3322 🌐 www.drugabusetreatment.org
New Horizons of the Treasure Coast Adults	15-bed Detoxification Unit; Independence Recovery Program.	☎ 772-468-5600 🌐 nhtcinc.org/
Counseling and Recovery Center Adults	Village of CRC Residential Treatment.	☎ 772-467-3057 🌐 CounselingRecoveryCenter.org

Other Community Supports

Community Programs for the Treasure Coast

Community Provider Name 🏠	Services Provided 🏠	Contact Information 📞
Boys Town Youth	Strong Families - In-home family service	☎ 772-249-5105 🌐 www.boystown.org
Children's Home Society Youth	Adoption, Independent Living, DJJ Prevention, Transitional Living and Short-term Emergency Shelter.	☎ 772-344-4020 🌐 https://chsfl.org
Children's Services Council -Martin Youth	Services and support for children and families in Martin County.	☎ 772-288-5758 🌐 cscmc.org
Children's Services Council- Okeechobee Youth	Services and support for children and families Okeechobee County.	☎ 863-462-5000 🌐 http://cscfokeechobee.com/
Children's Services Council- St. Lucie Youth	Services and support for children and families in St. Lucie County.	☎ 772-408-1100 🌐 cscslc.org
LAHIA – "Love and Hope in Action" Adults	Homelessness, hunger/food, and case management services.	☎ 772-781-7002 🌐 www.lahia.org
Treasure Coast Hospice Youth Adults	Hospice care, including Veteran's program; grief counseling and Treasured Pets program.	☎ 772-403-4500 🌐 treasurehealth.org
Florida Community Health Centers Youth Adults Telehealth	Primary care services: pediatrics, women's health, OB/GYN, dental, behavioral health and pharmacy services.	☎ 772-448-8496 (St. Lucie) ☎ 772-403-5650 (Stuart)